



Simple Green Salad (2 servings)

Ingredients

5 oz organic mixed greens 1/4 cup blueberries

1/4 cup vegan blue, or feta cheese 1/4 cup dried cherries

1/4 cup baby tomatoes 2 Tbsps toasted sunflower seeds

1/4 cup thinly sliced shallot, or red onion Salt and pepper to taste

1/2 cup shredded carrots

Preparation

- Place greens, baby tomatoes, shallots/red onions, carrots, blueberries, dried cherries, and cheese to a serving bowl, or platter and toss.
- Top individual servings with sunflower seeds.
- Add salt and pepper to taste if desired.
- Serve with <u>Creamy Lemon Garlic Dressing</u>